



CARLISLE ACADEMY
INTEGRATIVE EQUINE
THERAPY & SPORTS

Carlisle Academy's Introduction to Equine Activities and Therapies

Educational Internships for College Students Application and Inquiry Packet ©

Compiled and designed by: Susan E. Grant, OTR/L, HPCS, Copyright © Carlisle Academy, 2017

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LEADERSHIP INSTITUTE



CARLISLE ACADEMY
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Carlisle Academy is pleased to be an educational resource for equine therapy and sport professionals and practitioners. Our credentialed equestrian and clinical staff offer leadership programs at Carlisle Academy and across the country in:

- Para-Dressage/Para-Driving Coach Training
- Adaptive Riding Instructor Mentoring
- Horse Handler Training Program
- Stable Management Internships
- Clinical Therapy Internships & Research
- University-Level Field Courses
- Therapy Curriculum Development
- Organizational Consulting

Clinical Education + Professional Development + Coach Training



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About Carlisle Academy

Carlisle Academy Integrative Equine Therapy & Sports mission is to ***transform lives through horses***. We provide a continuum of distinctive services - rehabilitative through recreational - within an inclusive environment that fosters learning, growth and overall wellbeing. It is our vision to pioneer innovative practices, promoting educational excellence, and advance the field of equine therapy and sports within and beyond the communities we serve.

Carlisle Academy's programs include:

- Equine facilitated therapy and wellness groups (18 months through adulthood)
- Private physical or occupational therapy using hippotherapy as a treatment strategy
- Adaptive equestrian riding and carriage driving
- Para equestrian development
- Recreational riding programs
- Pony Club
- Professional mentoring
- Clinical and educational internships
- Organizational consultation
- Workshops, clinics, courses and certifications

Carlisle Academy is committed to providing the highest quality outcomes to riders of all ages and abilities. As a Professional Association of Therapeutic Horsemanship International (PATH, Intl) Premier Accredited Center and a Certified Horsemanship Association (CHA) Member Center serving over 300 participants per year, Carlisle Academy offers several first-rate programs including the largest hippotherapy program in northern New England, the first approved equine program in Maine for disabled veterans, and pioneering education in para-equestrian sports. All instructing staff is nationally certified through either the Professional Association of Therapeutic Horsemanship (PATH) or the Certified Horsemanship Association (CHA). On-staff occupational and physical therapists are credentialed by the American Hippotherapy Certification Board, which represents the highest level of credentialing in the field, and held by under 150 therapists internationally. Our therapists hold additional certifications in Sensory Integration and Neurodevelopmental Treatment.

Internship Introduction

Our internships for college students provide an introduction to equine activities and therapies. This internship's foundations are based on experiential learning and both stimulating and well-rounded. It is designed to facilitate critical thinking and to support post-graduate education.

This internship covers topics such as: equine care including selection, handling and conditioning, differences between hippotherapy and adaptive riding, professional credentialing, basic human and equine anatomy and physiology, safety and risk management, medical precautions and contraindications to participation, substantial exposure to working with people with social, emotional, developmental and physical health issues, and foundation accreditation standards.

Internship Prerequisites

- College student with school contractual agreement
- Completed application with resume attached
- Personal Interview
- Review of Temple Grandin movie is required before interview
- Review of the following websites prior to interview: www.carlisleacademymaine.com; www.pathintl.org; www.americanhippotherapyassociation.org

www.carlisleacademymaine.com

- Carlisle Academy Side walker Training module (2 hours)
- Child/adult First aid/CPR certification is **recommended but not required**
- Review of: www.carlisleacademymaine.com; www.carlislecharitablefoundation.org; www.pathintl.org; www.americanhippotherapyassociation.org

Included in Internship

- College credit hours as determined by college advisor
- 45 minute weekly riding lesson to further appreciate the human/animal bond experience and movement impact to humans
- Weekly supervision by professional staff with graded performance expectations and assignments
- Guidance and support for career exploration and planning
- Performance summary to support post graduate path
- Experiential learning with unique interaction opportunity with people through the age continuum experiencing complex developmental, physical and emotional health issues
- Observation and participation in the care, training and handling of therapy equines
- Reading and reflective work designed to facilitate discussion, critical thinking and problem solving
- Progressively graded work pace to challenge task prioritization, organization and time management skills

Learning Objectives

1. The intern will develop effective professional skills working with people across the age continuum encompassing diverse social, emotional, developmental and physical health issues.
2. The intern will demonstrate positive and effective child behavior management strategies and acquire an understanding of atypical child development.
3. The intern will develop post-graduate abilities in time management, work organization and professional communication skills.
4. The intern will understand the human to animal bond and its impact on human and animal behavior.
5. The intern will appreciate the biomechanics of equine movement and its impact on human biomechanics and function.
6. The intern will demonstrate entry-level knowledge of human and equine physiology and its impact on human neural development, recovery and emotional/arousal states.
7. The intern will demonstrate an understanding of safety and emergency practices reflected in the accreditation standards of the Professional Association of Therapeutic Horsemanship, Intl (PATH, Intl).
8. The intern will demonstrate a beginning understanding of equine selection, care, training and handling practices and develop basic horsemanship competencies.
9. The intern will understand both the professional certification and program accreditation process of professionals in this industry.
10. The intern will develop an understanding of medical precautions and contraindications related to service provision in this industry.
11. The intern will pinpoint a clear post-graduate education and/or professional development plan.

Required reading/viewing:

Carlisle Academy Intern Binder (provided to all interns)
Temple Grandin (movie; Netflix)

Required texts:

Horse Anatomy Coloring Book, John Green Approximately \$3.00
https://www.amazon.com/Horse-Anatomy-Dover-Nature-coloring/dp/0486448134/ref=sr_1_1?ie=UTF8&qid=1483999489&sr=8-1&keywords=horse+anatomy+coloring+book

Horse Gaits, Balance and Movement Harris Approximately \$22
https://www.amazon.com/Horse-Gaits-Balance-Movement-Harris/dp/0764587889/ref=sr_1_1?ie=UTF8&qid=1483999560&sr=8-1&keywords=horse+gaits+balance+and+movement

Tuition:

\$1250 (10 hours per week for 12 weeks) A \$250 non-refundable deposit is required upon acceptance.

Internships are available: April – June and September – December.

Shorter internships with pro-rated tuition may be granted pending approval from Carlisle Academy.

Refund and Credit Policy

If a student withdraws from the course, refund or credit of fees are available only under the following circumstances:

- If a student withdraws from the course for medical reasons. A physician's statement is required.
- If a cancellation is initiated by Carlisle Academy.

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