

The University of Montana Western
2016-2017 Catalog
Bachelor of Science: Business Administration
Health and Fitness Management Option

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|-------------|---------------------|
| Name | Evaluated by |
| ID # | Date |

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| Institution | Abbreviated |
| Institution | Abbreviated |
| Institution | Abbreviated |

Health & Fitness Management Option

32 Total Required Credits

| _____ | AHAT | 210 | Prevention & Care of Athletic Injuries | 4 |
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| | | | <i>Prereq: KIN 205</i> | |
| _____ | HEE | 410 | Organization & Administration in Sports Fitness | 4 |
| | | | <i>Prereq: KIN 205</i> | |
| _____ | KIN | 205 | Foundations & Scientific Fundamentals in HHP | 4 |
| _____ | KIN | 221 | Health Anatomy & Physiology | 4 |
| _____ | KIN | 320 | Exercise Physiology | 4 |
| | | | <i>Prereq: KIN 221</i> | |
| _____ | KIN | 325 | Biomechanics | 4 |
| | | | <i>Prereq: KIN 221</i> | |
| _____ | KIN | 410 | Advance Strength Training & Conditioning | 4 |
| | | | <i>Prereq: AHAT 210</i> | |
| _____ | NUTR | 411 | Nutrition for Sports & Exercise | 4 |
| | | | <i>Prereq: KIN 320</i> | |