

**The University of Montana Western**  
**2017-2018 Catalog**  
**Bachelor of Science: Business Administration**  
**Health and Fitness Management Option**

Name \_\_\_\_\_ Evaluated by \_\_\_\_\_  
 ID # \_\_\_\_\_ Date \_\_\_\_\_

Institution \_\_\_\_\_ Abbreviated \_\_\_\_\_  
 Institution \_\_\_\_\_ Abbreviated \_\_\_\_\_  
 Institution \_\_\_\_\_ Abbreviated \_\_\_\_\_

<b>Health &amp; Fitness Management Option</b>			<b>32</b>	<b>Total Required Credits</b>	
_____	AHAT 210	Prevention & Care of Athletic Injuries <i>Prereq: KIN 205 or BIOH 365</i>	4	<input type="text"/>	<input type="text"/>
_____	HEE 410	Organization & Administration in Sports Fitness <i>Prereq: KIN 205</i>	4	<input type="text"/>	<input type="text"/>
_____	KIN 205	Foundations & Scientific Fundamentals in HHP	4	<input type="text"/>	<input type="text"/>
_____	KIN 221	Health Anatomy & Physiology	4	<input type="text"/>	<input type="text"/>
_____	KIN 320	Exercise Physiology <i>Prereq: KIN 221 or BIOH 365</i>	4	<input type="text"/>	<input type="text"/>
_____	KIN 325	Biomechanics <i>Prereq: KIN 221 or BIOH 365</i>	4	<input type="text"/>	<input type="text"/>
_____	KIN 410	Advance Strength Training & Conditioning <i>Prereq: KIN 320</i>	4	<input type="text"/>	<input type="text"/>
_____	NUTR 411	Nutrition for Sports & Exercise <i>Prereq: KIN 320 and NUTR 221</i>	4	<input type="text"/>	<input type="text"/>